



This is challenging enough without the pressure of intermittent or poor broadband services in rural area".

Moving On is very responsive to the needs of women and employers and run weekly seminars alongside the accredited training programmes.

The 'Inspiring Women Series' are talks by influential and enthusiastic women in business and the community covering topics such as managing a business, personal wellbeing, dress to impress, climate action and creativity.

Over forty people attended a talk by Cathy Eastman last month on how to grow your own food. Dr. Nadia Ramoutar also delivered a very powerful session recently on 'Finding Your Mojo' and encouraged women to identify their goals and go for it. According to Nadia "Your worst effort is better than your best excuse". The Tralee International Resource Centre and Moving On are organising a very special event at 11am International Women's Day to celebrate the life and work of the poet and activist Shahidah Janjua.

Employment Support Worker Lisa O Flaherty describes how the project

"is busier than ever supporting women to prepare CVS and interviews. As more and more companies

acknowledge the potential of remote working, we are seeing increasing opportunities for part time and flexible working from home. This is empowering women all over Kerry to apply for jobs that previously were only possible by relocating to larger towns and cities".

Moving On is currently recruiting for the 2021 programme. This is free and open to women who are not currently working and who are looking for work. Due to the pandemic, this will be very different to other years and will focus on online remote working skills with Grow Remote, as well as personal development and career preparation. Women will also be offered the opportunity to upskill in computers with MTU and the Kerry Education and Training Board.

If you would like to join Moving On 2021 come along to our Information Morning at 10.30 on the 10th March. To book or find out more about eligibility for the programme, contact Lisa on details below.

Moving On is an exciting and innovative employment programme for women in Kerry, matching organisations and businesses, with women who want to return to work. The programme offers women free training, support & links with employers. Almost 200 women with very diverse life experiences, have participated in the programme so far.

Now in its fourth year the programme has successfully adapted to the challenges of the pandemic by running the entire programme online. According to the coordinator Lisa Fingleton

"Our last 'face to face' group event was for International Women's day in 2020. It's hard to believe we are still in lockdown one year later and this has put significant pressure on families and women in particular. Many women who found work through the programme, are now trying to work from home while homeschooling at the same time.



Life before lockdown. A Moving On Event

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NEWKD



Apply NOW for the FREE Moving On Programme 2021: Contact Lisa on 087 7647446  
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